

To the Chairperson and Members of the
South East Area Committee

Report of the Executive Manager, Central and South East Areas

City Quay

Awaiting commencement of multi-party framework so quotations can be sought for this work.

Baggot Street Upper

We are liaising with City Architects and reps. of businesses/residents on Baggot Street Upper to install additional public seating on the street.

Bridge Project

Continuing to liaise with Gardaí in both Pearse Street and Store Street and youth services on both sides of the Liffey. ASB in the vicinity of the Quays has reduced and the focus currently is on diversionary activities for young people.

Cabbage Patch

To meet Parks regarding the Cabbage Garden.

Grand Canal

A meeting was held in January 2020 with Waterways Ireland representatives and Councillors to discuss ongoing management and maintenance of the canals in the city and to agree a new structure for interaction between Waterways Ireland and DCC. The latest meeting was held on 26th July 2023. A Bye Law consultation meeting was held with Councillors on 18th October 2023. Next meeting is due to be held in early 2024 via Teams.

Portobello Harbour Square

Áit Urbanism + Landscape were appointed as consultant for the project and two initial public consultation workshops were held on 1st and 8th June 2022 at St. Kevin's Community Centre. Concept designs were prepared by consultants based on the outcome of these workshops and these were put on public display at St. Kevin's Community Centre between 3pm and 8pm on Thursday 21st July 2022. Online consultation was open until 19th August 2022 and a large number of submissions were received. Preliminary Appraisal form has been lodged with the Capital Project Support Office (CPSO). Provision has been included in the Parks 2023/24/25 draft Capital Programme. Parks Department presented the latest design to Councillors on 18th May 2023. A further public consultation took place at St. Kevin's Community Centre on 31st May 2023 and subsequently online. The pre-part 8 process which involves agreeing the proposal with internal departments has over run due to some issues that arose late in the design process. These are expected to be resolved in the coming weeks at which stage a full presentation will be given to area councillors. An updated program will be provided at this presentation.

Rathgar Village Improvement Plan (VIP)

Herzog Park, Rathgar – Final Phase

The final phase of the project includes the re-alignment of the front boundary of the park and the revised car park layout, as set out in the Part 8 permission. A preliminary site meeting was held with Road Construction engineers in April 2022. Surveys of the area were carried

out including a drone survey and GPR Survey to assist in the design process. Roads engineering resource is now in place and a meeting was held on site on 5th May 2023 with Roads Engineer, Parks Department and Area Office. Japanese Knotweed has been identified in the boundary which will have an impact on timeline and costs. Outline costings have now been compiled and funding options are currently being assessed, including possible funding from Irish Water for SUDS works. Timeline for works will be prepared in the coming weeks and tender prepared in early 2024.

Ringsend Irishtown Local Environment Improvement Plan (LEIP)

Library Square: (Mitchell & Associates) Meetings with internal stakeholders were held during April/May 2022 and work was carried out on finalising the design. A meeting was held with local businesses to agree servicing arrangements for traders on Fitzwilliam Street in November 2022. A public information meeting to present the design to the community was held in December 2022 in Ringsend Irishtown Community Centre which was well received. A Road Safety Audit was carried out in early 2023. Pre-Part 8 drawings were circulated to Technical Departments in April 2023 and all issues have been resolved. Planning Dept. has no objection to proceeding to Part 8 and presentation was made to the November SEAC meeting giving notice of lodgement of Part 8 planning application in November 2023. Part 8 planning application was lodged on Thursday 30th November and is open for submissions/observations until close of business on Thursday 18th January 2024. 22 submissions were received and the Planning Department is drafting its recommendation. It is proposed to present a report to the March SEAC meeting informing members of our intention to present the proposal to the April meeting of the City Council for approval.

Rosary Hall

After receiving extra funding of €240k which was approved at the April City Council meeting (as well as €125k already allocated), it was decided to retender the entire proposed works. Meetings took place with both main community groups and consultant architects during the summer 2021 to outline and agree the proposed works which included mechanical & electrical works, fire safety works, remedial works and lift replacement.

The Area Manager also engaged in meetings with both community groups regarding governance of the facility and a management agreement was finalised in May 2022.

A supervisory committee comprising of two members of the football club and two members of the Harold's Cross Village Community Council (HXVCC) and the Area Manager will be established to optimise the use of the facility for the benefit of the Community.

Tender documentation was completed and advertised and tenders were received back on February 14th. When these tenders were assessed by Consultants it was apparent that construction inflation has led to a significant increase on the previously estimated cost.

A full Corporate Project Support Office (CPSO) appraisal form has been submitted in relation to the matter and it has been included in list of projects for capital funding

The disposal of the lease was agreed at the Area committee meeting in June and was brought to the July Council meeting and approved.

Final further work in relation to the agreed Protocol for Management of the Building was agreed late last year and the Lease signed

The works were tendered on 6th April and the last day for submission was the 8th May. The tenders have been assessed and preferred bidder selected.

There were no challenges to the Tender during the standstill period and all relevant documentation has been checked and verified. The letter of acceptance has been signed and

the contract awarded to the preferred bidder. As there is a mobilisation period of 8 weeks the works will commence in mid-January to avoid starting in December.

The Area Manager, City Architects and the Consultants met with the Contractor Tolmac on January 16th and the works commenced on Jan 29th

Large Skip has been provided to assist with disposal of any items the Community Groups no longer require and a Container provided for storage during the refurbishment phase. Portable Toilets will be provided as the building will not be accessible to the Football teams during construction which is due to take 4 months.

Age Friendly Initiative Harold's Cross

The Age Friendly Committee for Harold's Cross has been operational since early 2020. A draft report was submitted by the Harold's Cross Village Community Council (HCVCC) in conjunction with Rob Chester, Area Community Officer and it was agreed to progress a number of these proposals, funding permitting.

A subgroup under the Housing SPC has been convened to look at the City Wide Age Friendly Strategy. Under this structure, submissions for funding may be advanced, including the Harold's Cross project.

It has been agreed by the elected members that further monies (€k) will be allocated to this age friendly initiative in the discretionary funding for 2023.

IT Age Friendly tablets have been distributed to residents and have been very well received. Cliff Run Media have supplied over 1,000 units to established age friendly projects across the country; the tablet comes with one year's free WIFI and are dignity proofed to make access as easy as possible.

It is anticipated that when the works are completed on Rosary that it can play a pivotal role in age friendly activities going forward.

During 2022 there were a number of trips organised including visits to Russborough House on April 11th the National Stud on 27th Sept,

There was also an Ageing Well Café meeting in McGowan's in May and a further Event took place in McGowan's on 7th December.

Further monies has been set aside in the Discretionary Fund this year for the HX Age Friendly Initiative.

A meeting of the sub Group took place on 30th May and a main workshop took place on 8th June.

The Area Manager would like to thank Cllr Feeney and Tony McDermott for their facilitation on the evening and the collation of the information from the participants.

The final AF meeting of the year took place on Dec 5th and the Harold's Cross 'Ageing Well' Christmas Party took place on 12th December with 112 attending.

A small delegation from the AF Committee met with senior Parks staff in January to explore the possibility of a Digital Notice Board in HX Park and provisional agreement has been reached subject to conditions for a trial phase.

It is proposed to hold the next meeting in late February.

Rutland Grove / Eamonn Ceannt Park

Active Travel have indicated that they do not intend to proceed with the Kimmage – Clogher cycleway way at present but will be revisiting shortly.

Les Moore at the meeting on 30th March 2023 indicated that Active Travel have the expertise and funding and it is not his intention to sanction any roadworks that were passed as part of the Part 8.

At this meeting the 'Friends of Eamonn Ceannt' Committee visited the Area in question and the Area Manager on request has written to John Flanagan ACE of E & T Department to see if they would decrease the size of the footpath to facilitate some dedicated parking.

A meeting between the Gardaí, three local resident Groups and the Area Manager took place on Wednesday evening 31st May to highlight some of the local concerns regarding matters including anti-social behaviour, illegal parking, overflowing bins and damage to playground..

The commencement of upgrade works to the Depot begun on July 31st and a meeting took place with the local Resident's Association on August 3rd in the Pavilion in Eamonn Ceannt Park,

A very successful Summer Festival took place in Eamonn Ceannt Park on Aug 13th.

The Event was very well attended with many Entertainment options.

A Halloween Festival took place on Oct 31st and was very well attended in Eamonn Ceannt Park to encourage young people and others to enjoy Halloween safely.

Works on the Depot Upgrade are continuing and discussions are ongoing with the Residents Association in relation to the placement of an ESB substation.

The awarding of the 'Green Flag' to Eamonn Ceannt Park was marked with a small ceremony with invites to the 'Friends of Eamonn Ceannt Park' on December 14th,

The Area Manager is waiting to hear back from the Community reps regarding the next 'Friends of Eamonn Ceannt' meeting before organising.

Choice Based Lettings / Allocations

Units in Grove Road and Rathmines Town Centre are currently being advertised under this scheme. The closing date for application is February 16th.

CCTV

A further meeting took place with An Garda Síochána on 23 January 2024. At this meeting it was agreed that applications to the Garda Commissioner for authorisation for CCTV schemes in Public Places will be made under the Garda Síochána (Recording Devices Act). This Act was signed into law on 5th December 2023 but has not yet commenced. However, given the potential time scales involved in applying for authorisation under the current legislation (Section 38 of the Garda Act, 2005), it is felt that the new Act will have commenced before the application process could be completed under the current Act. The new Act may somewhat simplify the process and lessens the potential burden on the local community. We have been advised the Act will allow DCC to apply for authorisation without the necessity to set up a Project Team, which required the inclusion of local stakeholders, potentially endangering their safety. We are also exploring the possibility of submitting a single application for authorisation to cover the installation, retention and upgrade of all relevant CCTV in Crumlin, Lower Drimnagh and Kimmage. In order to kick start this process we will require written approval

from the JPC. The board of the Community Safety Forum have agreed to write to the JPC proposing the installation and upgrade of existing CCTV in the area.

Former Fr. Lar Redmond Hall, Keeper Road, Drimnagh

This community hall has been vacant for many years and Housing Development are proposing to redevelop the site for Housing. The site will be developed by Respond Housing and the proposal is to build Older Persons Units on the site. Information days took place in Dolphin's Barn Library on Wednesday 25th and Thursday 26th January. The main comments related to the proposed height of the developments and this was repeated at the presentation that was made to the Area Committee on 13th March. Following a redesign in response to points raised at the Area Committee Meeting and at the Community Consultation event Responds Architects have completed a further redesign. The main changes are as follows:

- A reduction of the overall building height from 7 to 6 storeys.
- Increase in height to the rear block from 4 to 5 storeys with the top floor set back.
- Reduction in car parking spaces provided from 5 to 3.
- Relocation of the communal room from third floor to upper ground floor, with dedicated entry from Keeper Road.
- Unit numbers have reduced from 22 to 20, due to the reduction in height, with unit areas remaining at approximately just over 50m².

A planning application was lodged on 16th June with the last day for observations being 20th July. This application was deemed invalid. A new application was submitted on 14th July with the last day for observations being 17th August. This application was also deemed invalid as one of the three required Public Notices on the site was missing when the planning inspector visited the site. A third application was submitted on 25th August and the final date for observations to be submitted is 28th September. A decision was returned by the Planning Department on 18th October. They are seeking further information in relation to 7 issues of concern. Among these issues are the height, density and scale of the project, location of the community room and drainage for the site. Respond have 6 months from the date of decision to provide the further information.

Ravensdale Close/Clonmacnoise Grove

Following a meeting in January 2023 with Housing Development and FOLD AHB to review feasibility studies for the redevelopment of Ravensdale Close and Clonmacnoise Grove Senior Citizens complexes it was agreed that both projects were viable. Outline designs were presented to Area Councillors on 16th November 2023. There was a generally positive response with some concerns raised re overlooking due to the proposed height of the Clonmacnoise design. FOLD's Architects completed a revision of Clonmacnoise design in January and a further meeting will be arranged with Councillors. Arrangements are also to be made for further consultation with residents of Ravensdale Close.

Mill Pond

We received keys for 5 new units in the Mill Pond complex in Harold's Cross on 15/12/23. We are currently completing selections and estate management checks on applicants.

Pembroke & South East Inner City Wards Community Development Jan-Feb 2024

The primary focus of January has been on Team Plans and budgets for 2024. Consultation with community groups plays a central role in this and we have been meeting groups throughout the past six weeks. In a post-Covid environment we are still observing that many local groups have either dissolved or are struggling with numbers. Based on this, our aim for

quarter one and two will be to support and empower these groups to grow and re-engage with the greater community.

St. Mary's Residence, Pembroke

A huge amount of work has gone into **supporting new residents** in their accommodation in **St Mary's Pembroke**. Over 150 people so far, mainly families, are housed there. The Community Team have been working with Woodstock Community Centre to gather and sort donations for the new residents. D4 for ALL is a new community support group established with other local residents and area councillors. The group had a very successful meeting on 30th January to welcome new residents. Our team have also been coordinating closely with other DCC departments and external bodies to bring in support for the families.



Woodstock Community Centre gathering, sorting and delivering donations with our support.



We are coordinating 1,200 winter packs for older people in our sheltered housing complexes and vulnerable people in the greater South East Area, working closely with our Rathmines / Kimmage / Crumlin colleagues and our local Liaison Officers. These will be distributed in February.

Supporting the Ranelagh Arts Photographic Exhibition in January. Our new residents from Charleston Rd proudly featured in the exhibition.



Pembroke & South East Inner City Wards' Community Event Listings – February 2024

Date	Day	Time	Event
02/02	Fri	2pm	Women's Stories of WW", Sandymount Community Centre
10/02	Sun	8pm	BADRA Christmas Party
12/02	Mon	2-4pm	Valentines Tea Dance, Verschoyle Court
13/02	Tues	11-1pm	Valentines Tea Dance, Heskin Court
14/02	Wed	2-4pm	Valentines Tea Dance, Beggars Bush Court
14/02	Wed	2.30-4.30pm	Valentines Tea Dance, Ringsend & Irishtown Community Centre
15/02	Thurs	2.30-4.30pm	Valentines Tea Dance, St. Andrews Senior Care – St. Andrew's Resource Centre
	Every 2nd Wed	11-12am	Chair Yoga for Older People, Beech Hill Court

Kimimage/Rathmines Area Committee Report – Community Development, February 2024

Community Participation

Much of January was spent re-engaging with community groups / centres / organisations and working on our plan for 2023 to coordinate objectives and activities with those groups on the ground.

Junior Park Run

A public meeting was held in the Iveagh Grounds on the 17th of January for a proposed Junior Park Run in Crumlin. The 2km weekly run will be on every Sunday for children aged 4 to 14, following on from successful Junior Park Runs across Dublin integrating all children from the local community into world of participation and fitness, the two locations suggested are Eamonn Ceannt Park and The Iveagh Sports Grounds.

Evergreen Club

The Evergreen Club are commencing a series of upgrades of the club premises in Terenure during the year. A member of the Evergreen Management Committee with project management experience is overseeing the renovations. The windows have been replaced in January with the support from the City Council and the group have planned an age friendly programme of events with the community development team.

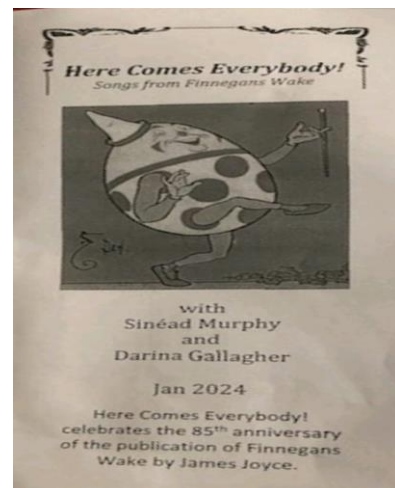
Social Inclusion

In 2024 the Council will promote inclusion using a strengths based approach that insures that inclusion occurs in all our work, to purposefully forge friendships and build community using environmental, sporting and community events as a tool of engagement

Dublin City Council is working on the new Local Economic and Community Plan
The LECP is a six-year plan containing objectives to Promote and support local and community development in Dublin City.

Rathgar Ladies Club

The hugely successful Rathgar Ladies Club held their opening night of this year with a special performance of “Misses Liffey” songs from James Joyce’s Finnegans Wake. The club meet every two weeks with a membership of 55 local ladies and have a full programme of activities planned with the support of the community and development section.



Crumlin Community Active Age Network

The City Council and the Crumlin Community Active Age Network have organised a Valentine’s Day event in Lorcan O’Toole’s GAA Club on the 15th of February at 11am, Entertainment and refreshments provided.

Rathmines Men’s Shed

The City Council continues to support the men’s projects across the South East Area with emphasis on mental health and wellbeing including. The Rathmines Men’s Shed have planned a trip to visit Aras an Uachtarain on Wednesday the 7th of February.

Bike Hub

The Community Development Team are working together with the Bike Hub in promoting their service in Eamonn Ceannt Park. It is proposed that we link in with our older groups/ clubs and senior citizens complexes and invite some down to an open day at the Hub to show case the Cargo and Trishaw bikes allowing these people an opportunity to see our fabulous park on Sundrive road.

South East Area Public Domain

Dominic Hession:	Public Domain Officer	Pembroke / South East Inner City
Fiona O 'Shea:	Public Domain Officer	Kimmage / Rathmines

Weed Control

2024 Weed Control campaign under preparation . Increased resources will be made available early in the season to address weed growth.

Abandoned Bicycles January

30 removed citywide.

Upgrade / Enhancement of the Public Realm

Following the deep clean of “the Drain” between Irishtown Stadium and Ringsend Park, the railings are currently being painted. Weather/Christmas break affected .



Councillors Discretionary fund projects 2024 under consideration .

Community Clean-ups/Leaf Collections

Bags and equipment delivered to community groups – 25 deliveries of leaf bags .
43 Collections of filled bags from the South East area by Waste Management crews.



Graffiti Removal January 2024

427 sq.m of graffiti has been cleansed since the start of the year.



An anti-graffiti sealant has also been applied to the newly painted Mural at City Quay.

Anti-Sticker paint, trialled on 64 poles on City Quay.



Joint Policing Committee

The dates for the 2024 SEA JPC meetings are pencilled in as below. The June meeting may be subject to change if it coincides with the upcoming local elections.

21st March 2024

**** 27th June 2024**

26th September 2024

12th December 2024

All meetings will be Thursday Mornings at 9.30 a.m. and, as agreed to be of one and a half hour duration only under Standing order 48, so should be finished by 11.00 am.

A Steering meeting will be held in early March to set the Agenda.

SOUTH EAST AREA COMMITTEE

DUBLIN CITY SPORT & WELLBEING PARTNERSHIP REPORT

FEBRUARY 2024

2024 – Linking in with National Events & Initiatives

The primary goal of DCSWP is to provide opportunities for everyone to get involved in sport & physical activity regardless of age, gender or ability. DCSWP continues to align the planning and delivery of programmes with national and international events in 2024. This strategic approach helps maximise promotion of the service, adds momentum to local programmes and initiatives and ultimately increases reach across communities in Dublin City.

The planning process has commenced for International Women's Day (8th March) and Women in Sport week 2024. A timetable of events will be communicated in the lead up to the week (4th – 10th March)

Lord Mayor's 5 Alive Road Race Challenge 2024

The Lord Mayor's 5 Alive is back for 2024 and is aimed at novice walkers/joggers/runners and people wanting to get back on track with their fitness goals.

The Challenge kicked off for 2024 in the Phoenix Park on 1st January with the Tom Brennan memorial 5k race. The challenge is to complete the three remaining races below and a park run (within the time period 1st January 2024 and 6th April 2024). Participants have received T-Shirts and a medal will be presented by the Lord Mayor after the end of the last race - DCC / BHAA 4 Mile Road Race – 6th April 2024 @ 11.00 (TBC).

- **Sandymount Night Run 10k or 5k** - Sandymount – 12th March 2024 @ 7.30pm
- **DCC / BHAA 4 Mile Road Race** - BHAA / Dublin City Council - 4 Mile Road Race - St. Anne's Park – 6th April 2024 @ 11am **(DCC will register and pay entry fee)**

Change for Life 2024

Change for Life (CFL) is Dublin City Sport and Wellbeing Partnership's eight-week core programme aimed at transforming the long-term health and wellbeing of communities across Dublin City. Change for Life runs in tandem with and emulates the formula of RTE's Operation Transformation from January to March every year. The programme initially targeted adults but broadened in recent years to include young people and a Dublin City employee programme focused on supporting staff to develop health habits for life. Details of CFL South East Area (SEA) programmes are included in the core programme section.

Change For Life – Staff Programme 2024

In partnership with DCC's Health and Wellbeing Unit, Dublin City Sport & Wellbeing Partnership is delighted to resume the Change for Life programme for staff in 2024. Due to the temporary closure of the Wood Quay Venue, the classes will take place in St Catherine's Community Sport Centre. A shuttle bus will be available to staff leaving Cook Street at 12:30 pm and departing St Catherine's at 1:20 pm.

Fitness classes are commencing Thursday 11th January 2024 for 4 weeks. Programmes have been advertised to staff and places are number dependant:

Fitness Classes – Every Tuesday and Thursday from 12.45 in St. Catherine's Community Sport Centre

Post Assessment – Thursday 8th from 12 noon in Room 132, Block 1, Floor 3, Civic Offices, Wood Quay.

Dublin City Council Sports Plan

New plan to align with the City Development Plan & National Sports Policy Final Draft to feature two separate but inter-related documents:

- Sports Infrastructure Strategy
- Sports Provision & Programming Strategy (including review of DCSWP)

Purpose

- A common vision for improving sport and recreation provision and participation across Dublin City
- The actions that must be taken to achieve this vision
- The role Dublin City Council and other organisations will play

Timeframe Update

- Tender for consultant via e-tenders was published at the end of 2022 and was awarded to Teneo Strategy Ireland Ltd
- Work commenced in March and began with an extensive stakeholder engagement phase.
- Teneo has also completed all of the research and data analysis elements of the Sports Plan development
- The first iteration of the Sports Plan is currently being drafted and Teneo is working closely with the City Council Project Team and Steering Group to ensure all expected outputs and items within scope have been addressed and covered.

Teneo will present the plan to the South East Area Committee on Monday 11th March @ 2.30pm in the Council Chambers, City Hall.

DCSWP Staffing Update:

- **Sport Inclusion and Integration Officer (3 year temporary)**

Two DCSWP Sport Inclusion and Integration Officers have commenced duties. Further information on 2024 initiatives will be outlined once rollout commences.

Inclusion in Sport is a priority for DCSWP's under our core target group requirements and the appointment of two dedicated officers will expand the reach of these targeted initiatives.

➤ **Sport Officer (permanent)**

Interviews for the position of Sport Officer took place in December 2023. Start dates: early March.

The appointment of two new Sport Officers will address the current vacancies in the North West Area (NWA) and North Central Area. DCSWP will update area committees once details are finalised.

Walking Programmes 2024

Walking programmes in late January and continue into February/March every Tuesday. DCSWP Sport Officers have engaged with local walking groups targeting all ages in the SEA. Locations include St. Anne's Park, Dollymount, Carrickgollogan Forest, Cruagh, Ticknock, Varty Reservoir, Djouce and Glendalough. Officers guide participants along the planned walks and range from easy to moderate and more challenging.

Operation Transformation Run 2024

The OT run has been confirmed for Saturday 17th February in the Phoenix Park.

DCSWP Communications

All DCSWP highlight programmes continue to be supported by social media channels and the DCSWP Virtual Hub. See below:

- Dublin City Sport & Wellbeing Partnership Virtual Hub: www.dcwspub.ie
- Email: sports@dublincity.ie
- Twitter: Dublin City Sport & Wellbeing Partnership (@dccsportsrec) / Twitter
- Facebook: [Dublin City Sport & Wellbeing Partnership | Facebook](#)
Instagram: [@dublincitysportandwellbeing](#)

South East Area Core Programme February Highlights

Change for Life (Underactive Communities)

Name of programme:	Change For Life
Description of programme activity :	Programme of activities over eight weeks to encourage healthy lifestyles including assessments, classes and nutritional talks
Age group:	18+ years
Gender:	Mixed
Date/time and location:	The Evergreen Club, Terenure. Weekly programme over multiple days. Ongoing

Name of programme:	Change For Life
Description of programme activity :	Programme of activities over 8 weeks to encourage healthy lifestyles including assessments, classes and nutritional talks
Age group:	18+ years
Gender:	Mixed
Date/time and location:	Harold's Cross National School. Weekly programme over multiple days. Ongoing

Name of programme:	Change For Life
Description of programme activity :	Eight week walking programme
Age group:	18+ years
Gender:	Mixed
Date/time and location:	Ongoing in various locations

Name of programme:	Change For Life
Description of programme activity :	Programme of activities over eight weeks to encourage healthy lifestyles including assessments, classes and nutritional talks.
Age group:	18+ years
Gender:	Mixed
Date/time and location:	Ongoing in Irishtown Stadium.

Name of programme:	Change For Life
Description of programme activity :	Eight week social hiking initiative.
Age group:	18+ years
Partners:	Ballyfermot Adventure Centre
Gender:	Mixed
Date/time and location:	Various times and locations including Phoenix Park/Dublin Mountain Trails etc.

Youth at Risk/Youth Fit (Young People at Risk Age 10-24 Years/Schools/Youth Groups)

Name of programme:	After-school Programme
Description of programme activity :	Multi-sport activity
Partners:	Harold's Cross National School
Age group:	4- 12 years
Gender:	Mixed
Date/time and location:	Every Thursday from 1pm

Name of programme:	Youth Fit Teen Rugby
Description of programme activity :	Tag Rugby School development programme aimed at teenage girls/youth at risk
Partners:	CBS Secondary School, Westland Row
Age group:	13-18 years
Gender:	Female
Date/time and location:	Pearse St. Recreation Centre. Every Wednesday from 3pm

Name of programme:	Youth Fit School Indoor Athletics
Description of programme activity :	Tag Rugby School development programme aimed at teenage girls/youth at risk
Partners:	Local SE area schools. Celtic Athletics Club
Age group:	10-12 years
Gender:	Mixed

Date/time and location:	National Indoor Track, Sport Ireland Campus, Santry. Ongoing every Thursday
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Name of programme:	Youth At Risk Drop-In
Description of programme activity :	Drop-in multi-sport programmes
Partners:	Clay Youth Project
Age group:	13-19 years
Gender:	Mixed
Date/time and location:	On in Clogher Rd. Centre

Name of programme:	Youth Fit/Get all Girls Active – Learn To Skate
Description of programme activity :	Beginners programme aimed at young females
Age group:	13-17years
Gender:	Mixed
Date/time and location:	Bushy Park Skate Park. Details of 2024 programme TBC

Forever Fit (Older Adults age 55+ years)

Name of core programme:	Forever Fit – Lorcan O’Toole, Crumlin
Description of programme activity:	Light fitness sessions including chair aerobics and yoga
Partners:	Lorcan O’Toole centre Crumlin/Kimmage
Age group:	Age 55+ years
Gender:	Mixed
Date/time and location:	Ongoing in Lorcan O’Toole centre every Wednesday from 11am.

Name of Programme:	Forever Fit Harold’s Cross
Description of programme activity:	Chair Yoga aimed at improving flexibility, strength and balance for Older Adults
Age group:	Age 55 + years
Gender:	Mixed
Date/time and location:	Ongoing in Harold’s Cross Parish Centre every Monday from 11am
Name of core programme:	Forever Fit Terenure
Description of programme activity:	Chair based multi-activity programme aimed at improving fitness and mobility
Age group:	Mixed. Age 55+ Years
Gender:	Mixed
Date/time and location:	Ongoing in the Evergreen Centre, Terenure. Every Friday from 10am and 11am

Name of core programme:	Forever Fit, Donnybrook
Description of programme activity:	Chair based yoga programme aimed at improving flexibility/mobility

Age group:	Mixed. Age 55+ Years
Date/time and location:	Ongoing in Beech Hill Community Centre, Donnybrook. Every Wednesday from 11am.

Name of core programme:	Forever Fit, Crumlin
Description of programme activity:	Light fitness sessions including chair aerobics and yoga
Age group:	Mixed. Age 55+ Years
Date/time and location:	Ongoing in St. Agnes Crumlin Rd. Centre and Raleigh Court Centre

Champions – People with physical, intellectual and sensory disabilities.

Name of programme:	Zumba
Description of programme activity :	St. Michael's House (SMH) partnership programme
Age group:	18-24 years
Gender:	Mixed
Date/time and location:	Ongoing in SMH, Rathmines. Every Wednesday from 12.30pm

Thrive – Adults with Mental Health Difficulties

Name of programme:	Thrive Mindfulness Programme
Description of programme activity :	Mindfulness and exercise
Age group:	18+ years
Partner	St. Michael's House (SMH)
Gender:	Mixed
Date/time and location:	Ongoing in SMH Rathmines. Every Wednesday from 12.30pm

Name of programme:	Thrive Mindfulness Programme
Description of programme activity :	Six-week Rehabilitation Care Programme
Age group:	18+ years
Partner	Rehab Care
Gender:	Mixed
Date/time and location:	Ongoing In Rehab Care, Pearse St. Every Wednesday from 12pm

Health Improvement in the Community

Name of programme:	D6 Holistic Health
Description of programme activity :	Holistic Mental Health & Exercise programme for people experiencing mental health difficulties (referral only)
Partners:	HSE Occupational Therapists
Age group:	Adults
Gender:	Mixed
Date/time and location:	Ongoing in Swan Leisure Centre. Every Thursday from 12pm

Name of programme:	D4 Tai Chi
Description of programme activity :	Older Adult programme aimed at adults aged 55+ years experiencing mental health difficulties.
Partners:	HSE Occupational Therapists
Age group:	Adults
Gender:	Mixed
Date/time and location:	Ongoing in Irishtown & Ringsend Centre. Every Wednesday from 10.30am

Name of programme:	Men On The Move Terenure
Description of programme activity :	Holistic Mental Health & Exercise programme for people experiencing mental health difficulties (referral only)
Partners:	HSE Occupational Therapists
Age group:	Adults
Gender:	Mixed
Date/time and location:	Ongoing in St. Joseph's Hall, Terenure. Every Tuesday from 7pm and Evergreen Centre, Terenure. Every Thursday from 7pm

Community Wellness Programmes (Citywide)

The following programmes are delivered in partnership with the HSE and are referral only. Programmes focus on supporting individuals with underlying medical conditions.

- Chronic Obstructive Pulmonary Disease (COPD) Gym and Class sessions – every Tuesday and Thursday from 10am in Glin Road Community Centre (mixed, all ages)
- Chronic Obstructive Pulmonary Disease (COPD) Gym and Class sessions – every Monday from 9am in St. Catherine's Sport & Fitness Centre in partnership with HSE (mixed, all ages)
- Cardiac Gym and Class programme – every Monday (from 1pm) Wednesday and Friday (from 9am) in St. Catherine's Sports & Fitness Centre.

Sport Inclusion & Integration (Citywide)

Two DCSWP Sport Inclusion and Integration Officers have been appointed (see start of report)

Inclusion in Sport is a priority for DCSWP's and the appointment of two dedicated officers will expand the reach of these targeted programme.

The following programmes are delivered on a citywide basis and include partners and participants from the South East Area:

Name of programme:	Bravo Volleyball Programme
Description of programme activity :	Inclusive programme aimed at supporting LGTBQ + participation in clubs in the SEA.

Name of programme:	Shelbourne Football For All Programme
Description of programme activity :	Programme aimed at service users from multiple services age 16+ years experiencing mental health difficulties.

Name of programme:	Ukrainian Crisis Centre Programme
Description of programme activity :	Multi-sport initiative aimed at all ages. This is an ongoing programme to support people displaced by the conflict in Ukraine. The initiative commenced in 2023 and will continue throughout 2024. Activities include yoga and cycling. The programme is delivered in partnership with emergency and housing services etc.

Active Cities

Active Cities initiatives in the planning stages include Cycle with Confidence, Orienteering programmes in local parks including rollout of signage and expansion of Sim 4 Stem Morosport programme. The Active Cities Box Up facility continues to support activities in Eamonn Ceannt Park, Crumlin

DCSWP South East Area Co-Funded Programmes:

Athletics in the Community

Couch to 3/5k and walking community programmes will continue in the South East area in partnership with the Co-funded Athletic Officers. With school's cross country on the horizon in March officers are engaging with schools around track and field training programmes such (in partnership with DCC's Park Department) and the School's Indoor Athletics programme in the SEA (see above in core programmes).

Boxing in the Community

The Startbox programme continues over the next period in the following SEA schools:

- Scoil Chaitriona NS, Baggot St.
- St. Colmcille's Secondary School, Terenure
- Harold's Cross Educate Together NS
- Catherine McCauley NS, Baggot St (children with dyslexia)
- City Quay NS

Cricket in the Community

- The DCSWP Cricket Development Officer continues to engage with local schools in softball cricket sessions (St. Matthews NS, Thursdays from 1pm, Star of the Sea, Ringsend Thursdays from 11am and ST. Joseph's, Terenure, Tuesdays from 12.50pm). Aimed at young people age 8-13 years.
- DCC under 15 Boys and Girls Cricket training will continue in 2024 in Merrion Cricket Club every Friday from 3.30pm.

- Table Cricket Sessions (Disability Inclusion) continue every Monday in partnership with Enable, Sandymount.

Football in the Community

The following football programmes continue in the SEA over the next period:

- PDP 1 coach introductory sessions in partnership with St. Marian's College, Sandymount and Ringsend College (16-18 years)
- School Introductory sessions aimed at schools in the D2 and D4 area every Thursday.
- Club Development aimed at local clubs in the SEA. Delivered on an on-demand basis.
- Glow Football taster sessions aimed at teenage girls (14-16 years)
- Female Development afterschool session in Irishtown Stadium (6-10 years)
- 'Kickfit' Women in Football community programme in Ringsend

Rowing in the Community

The Get Going Get Rowing weekly indoor 2024 programme continues in the following SEA schools:

- Presentation CC, Terenure every Monday aimed at young people (12-18 years)
- Sandymount Park Community College every Monday (from 19th February) aimed at young people (12-18 years)

Rugby in the Community

Primary Tag Rugby sessions continue in the following SEA schools:

- St. Matthew's NS Sandymount,
- Ranelagh Multi-Denominational School
- Scoil Mhuire, Sandymount
- St. Louis Primary School, Rathmines

Secondary Contact Rugby sessions continue in the following SEA schools:

- Gonzaga College, Ranelagh
- The Teresian School, Stillorgan

Club Development will continue through the Active Coach Badge programme. Participating clubs for 2024 are Lansdowne FC and Old Belvedere RFC, Ballsbridge.

Swimming in the Community

- The Artistic Swimming programme aimed at females age 8+years continues in Markievicz Swimming Pool.

- The Youth Fit 'Learn to Swim' programme will be delivered in Trinity College Pool and Markiewicz Swimming Pool in late February/March in partnership with Foroige Youth Services and local SEA schools.
- 2024 citywide programmes continue in DCC facilities in Sean McDermott St and Coolock Swimming Pool and in Trinity College Pool and will include participants from the SEA. Programmes include learn to swim and inclusive/accessible initiatives aimed at adults.

Training for 2023

- Safeguarding 1, 2 & 3 Training continues on an on-demand basis.

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Karl Mitchell

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Dated: 12th February 2024